



Saint Brigid's Parish

Pastoral Community of South and East Belfast

First Sunday of Lent

6th March 2022, Year C, Psalter Week 1

Parish Priest: Fr Edward O'Donnell **Tel:** 028 9066 5409

Parish Office: 028 9066 5409; (9 am - 1 pm Weekdays)

Email: stbrigids@downandconnor.org **Website:** stbrigidsparishbelfast.org

Livestream/Webcam: www.youtube.com/channel/UCECKga_N93kdxngxRJMuvUw

First Sunday of Lent

First Reading: Reading from the book of Deuteronomy Deut 26:4-10
The creed of the chosen people.

Responsorial Psalm: Ps 90:1-2.10-15
R/. Be with me, O Lord, in my distress..

Second Reading: Reading from letter of St Paul to the Romans Rom 10:8-13
The creed of the Christian.

Gospel: Gospel according to Luke Lk 4:1-13
Jesus was led by the Spirit through the wilderness and was tempted there.

Anniversary List

Please pray for Raymond Niblock recently deceased, and for all those whose anniversaries occur at this time: Sheila Waters, Maureen McLoughlin, Gretta Ballentine, Alice Kinder, Dermot Hennessy, Maura Lavery, Frank and Mary Ellen Houston, Harry Walsh, George McGrath, Seamus Conlon, Mary Conlon, Noreen and Brian Graham, Janette Lagan, Sean Irvine, John Cassidy, May Caher, Aidan Langan, Felix O'Kane, Peter and Teresa Fitzpatrick

May they rest in peace

Bulletin Notices and Anniversary's

Bulletin Notices should be with the Parish Office by **12 noon on Thursday** to be included in the weekend bulletin. Thank you.

The Liturgy

Sunday Mass

Saturday: 6.00 pm (Vigil Mass)

Sunday: 9.30 am
12.00 noon

Weekday Mass

Monday: 7:00 pm
Tuesday: 9.30 am
Wednesday: 9.30 am
Thursday: 9.30 am
Friday: 7:00 pm
Saturday: 12 noon



Confession

Monday: 7.30 pm – 8.00 pm

Friday: 6.30 pm – 7.00 pm

Saturday: 12.30 pm – 1.00 pm &
5.30 pm – 6:00 pm

Baptisms

1st & 3rd Sunday of the Month
Please contact the Parish Office

Marriages

At least 6 months' notice required prior to date of Marriage.
Please contact Fr O'Donnell

Eucharistic Adoration

Monday 7.30 pm – 8.00 pm

PARISH OFFERTORY COLLECTION

Weekly Collection 27th February: £5232.00

Thank you for your continued support.

St Brigids Parish – Join the Conversation!

The Synodal Process was launched in St Brigid's Parish last weekend. We invite you all to share your experiences with us as part of our response to the Pope's invitation.



To Join the Conversation please visit the link below to complete our questionnaire: <https://stbrigidsparishbelfast.org/synod>

Printed copies of the questionnaire will be available at the back of the church or from the Parish Office for those unable to access the form online.

Youth Faith Group

Our young people and leaders from the parish Youth Faith and GIFT 5 groups travel to Newcastle YMCA this weekend. As we rebuild our youth faith programmes and get back to normal activities we wish them well. We hope for a successful and enjoyable weekend and ask our parishioners to keep all our young people in their prayers.

“A Time of Reflection”

Theme: ‘Remember Who You Are’

Date : Saturday 2nd April 2022

Time: 2.30 pm – 4.00 pm

Venue : St Brigid’s Hall, Derryvolgie Ave, Belfast

Facilitator: Rev Ruth Patterson, Restoration Ministries

OFFERTORY ENVELOPES 2022-2023

The **Parish Offertory Envelopes** are currently being prepared and will be distributed in the coming weeks for the new year.

If you would like to avail of our **Standing Order option** please contact the parish office. The standing order form can be download from our website at this link: stbrigidsparishbelfast.org/Standing-Order or picked up from the office.

For new residents in St Brigid’s, or those who have not been receiving a box and wish to, please contact the Parish Office as soon as possible: 02890 665409

Please note: *if you have moved address within the last year please make sure you have advised the office to update your details even if you are not receiving offertory envelopes. Thank you.*

Thank you to our Volunteers who assisted in the delivery of boxes last year, we will be touch this week to ask for their help again. We do need some new volunteers also, if would like to help with the distribution of boxes in your area please get in touch with Lisa in the Parish Office. Thank you for your support.



St Brigid's Third World Group Lenten Raffle is now LIVE!!

We have 18 amazing prizes including vouchers for a hotel, restaurants, Currys and Space NK, a Toshiba Tablet, cases of wine, Fortnum and Mason hampers and an Apple watch!



Tickets are £5 each and can be purchased by going to the following link:

[Enter Raffle to Win St Brigid’s Belfast Hosted By Paddy Turnbull \(raffall.com\)](http://raffall.com)

You can either

- click **ENTER** on the right-hand side of the page and use Facebook
- if you don't use Facebook, don't worry - just click **Sign Up** at the top right-hand corner of the page and follow the steps to register
- if you prefer not to do either of these, Kevin Flanagan from St Brigid's Third World Group is very happy to help you by buying tickets on your behalf - just give him a ring on **07525634440** anytime.

If you do not wish to buy raffle tickets but would like to make a donation to the work of St Brigid's Third World Group, you can:

- *make an electronic transfer to our bank account ST BRIGIDS THIRD WORLD GROUP Sort Code 90-22-07 and Account Number 68825172. (If you are a taxpayer and wish to gift aid your donation, please insert your name, house number and post code in the Reference Box when making the payment.);*
- *or if you prefer to pay by cheque, cash or if you wish to set up a Standing Order please phone or text Kevin on 07525634440 and we will arrange this with you.*

Short Book Club

The Parish Community Association's **Short Book Club** will resume its face-to-face meetings in St Bride's Hall on **Wednesday 16 March 2022** after morning Mass. **All are welcome.** For details of the book we shall be discussing, please email mmmikemoran@aol.com. Existing members have already been contacted directly.



LENTEN PIONEER PLEDGE

Many people choose to abstain from alcohol during Lent. Why not take this opportunity to perhaps help yourself or someone you know with an alcohol or drug problem by offering your sacrifice for freedom from addiction? Please consider taking the short-term Lenten Pledge and make a difference to someone's life and say the following daily prayer.

PRAYER: "I promise in honour of the Sacred Heart of Jesus and with the help of the Blessed Virgin Mary to abstain from all alcoholic drink during Lent."

NO GREATER LOVE

Lent is a season of reflection and preparation as we look forward to the celebration of Easter. Why not join **Living Church** as we reflect together over Zoom on the final moments of Jesus' life. In a series of short films shot on location in the Holy land, **No Greater Love** is a biblical pilgrimage that reveals Christ's amazing love for us. Best-selling author, Edward Sri, will guide us through the final hours of Christ's life. Over 5 weeks we are given the opportunity to walk step by step with Jesus through the Scriptures from the Garden of Gethsemane to Mount Calvary. There are 5 online sessions – one for each week of Lent which will lead us into Holy week. **To book your place on our online program please e-mail livingchurch@downandconnor.org**

There are 6 options for you to choose from:

Monday 14th March: 11am or 7pm
 Tuesday 8th March: 7:30pm
 Wednesday 9th March: 7:30pm
 Thursday 10th March: 11am or 7pm



What are you doing for Lent? 10 IDEAS

1

Give up sin

Show your love for God by keeping his commandments, especially by loving others as he has loved us. Turn away from sins, laziness in prayer, and unwillingness to do better.



3

Pray

Be in constant prayer. Pray in the morning, evening and mealtimes. Pray alone and share in the liturgy. Pray for your family and friends, for those who suffer, and for the Church and the world.

2

Fast

Cut down on the amount and richness of food and drink. An empty stomach can lead to more attentive prayer. Give the money saved on food to others in alms.

4

Do good works

Help those in need, pray for other people and be ready to serve them in their time of need; help Jesus by helping others.



5

Give alms

Help the poor and support the good works of the Church. Give cheerfully to God, who has given us everything we have.



6

Abstain

Give up meat or other desirable foods during Lent, especially on Friday, the day of Christ's saving death on the cross.



7

Do meditative reading

Nourish your faith by spending time in quiet reading and reflection. Prayerful reading of God's word each day opens our hearts to the Spirit, and lets God's thoughts and ways influence ours.



8

Control desire for possessions

Build up treasures in heaven rather than on earth. Cut down on material possessions, eliminate frills, lessen wants, share yourself – your time and your talents – with others.

9

Control desire for entertainment

Too much entertainment – TV, movies, radio, spectator sports and other distractions – can lead to less or no time for the works of the Lord.

10

Carry out duties in life

Serve God by living out your vocation in love each day. Be a good mother, father, teacher, worker, student, religious, minister, priest... God is calling each of us to be a living sacrifice. Offer your daily life through Christ!

Source: <https://www.archtoronto.org/>